



Chanoko Race Series

Kids Sprint Duathlon

1 mile run -- 1.5 mile mtb

Race Course

-  1 mile run
-  1.5 mile mtb

Contours


-  20 ft
-  100 ft

Roads and Trails

-  Multi Use
-  Horse/Hike
-  ADA Trail
-  Unknown
-  Paved Road

-  MTB Start
-  MTB Finish
-  Run Start
-  Run Finish
-  Transition Zone

 Mile Marker

 Race Direction

Course Description:

The Chanoko Kids Sprint Duathlon is on a full mix of terrain: singletrack, crushed granite path, a just a little pavement.

The course starts with a 1 mile run -- heading out from the transition zone toward the boat parking lot then coming back on singletrack.

The kids then jump on bikes and hit the dirt. The course is flat and short -- perfect for gears or singlespeeds, including BMX. Please no training wheels -- they spin out. The loop is on twisty, sandy singletrack -- perfect for some speed!

